

# IPSC WORLD



Volume VII • Issue 2

MAGAZINE



## Interviews

- Young Guns - Kahlil Adrian Viray
- Hot Shots - Josh Froelich
- Leading Ladies - Margaux Nycz
- Best of the Best - Luis Cesar Costa
- Senior Shootizens - Reinhard Handl

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# Year One Balance

Dear colleagues and friends,

A year has passed since the last International Practical Shooting Confederation's General Assembly. During this time, we have taken a fresh look at our Confederation's track record, evaluated our legacy and our prospects for the future.

Serious work is being done to find new ways for developing our sport, strengthening ties with our Regions and athletes, officials and regular sponsors and also searching for new partners and a way forward.



In this regard, we have evaluated what has been achieved in the past and launched several large-scale projects that should have a favorable impact on the development of our Confederation in the future.

Among important milestones in IPSC development, I would like to mention the official ratification by the Forty-Second IPSC General Assembly, which took place in Pattaya, Thailand on 16 September 2018 of the Master International Shooting Safety Instructors Association (MISSIA) and the IPSC Continental Council. The mission of MISSIA is 'to create and develop a uniform worldwide standard for the training of athletes in the sport of Practical Shooting' and the Continental Council is an advisory



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committee consisting of representatives from all the IPSC Zones: Africa, Australasia, Europe and Pan-America. Its representatives are experienced Regional Directors from strong and successful Regions within the IPSC Zones.

In addition, many important changes and initiatives were ratified by the Assembly, such as: Cambodia, Guam and Lebanon were definitively accepted as members of the Confederation and three new Regions (Mexico, Republic of Korea and Swaziland) were provisionally accepted as members for one year.

Also, changes in match and per capita fee structures were presented and ratified.

The Assembly decided as well to introduce Pistol Caliber Carbine (PCC) as a separate discipline using the Proposal C rules.

Many proposals from the IPSC Rules Committee were presented and adopted, those without any doubt, will move the sport forward and reach the new heights we're thriving towards. For more information about these proposals, please contact your Regional Director. In particular, Proposal A and B on Handgun Production Optics and Production Optics Light Divisions were approved and will

be under evaluation, unless extended, with expiration on 31 December 2020.

Finally, dates for the upcoming Level IV and V matches until 2021 were announced - check our official website IPSC.org and our social media outlets @IPSCWorld for more details.

As you can see we have had a very busy and rewarding year and I look forward to an engaging dialogue on these issues at the upcoming session; I believe we have a great future ahead which can be build only if we work constructively in a cooperative spirit.

**Vitaly Kryuchin**  
IPSC President





# VII Pan American Handgun Championship



## “Let’s Get Together and Feel All Right”

As the line from Bob Marley’s popular song “One Love” goes, IPSC Jamaica made it possible to get together and feel alright by hosting the VII Pan American Handgun Championship in Kingston, from July 22 to 28. After years of planning, it flew by in a flash. The event was thoroughly enjoyed by locals and visitors alike and proved a great opportunity for building camaraderie and friendship amongst folks with similar interests. Participants from twenty-six countries attended.

No small feat for any sporting activity in Jamaica, where the country is better known for producing sprinters, jerk food and rum, rather than top level sport shooters.

First let’s get some important information out of the way.

PAHC Level IV IPSC Handgun Championship - Match Dates

Pre-match: July 19-20

Opening Ceremony: July 22

**PAN AMERICAN  
HANDGUN CHAMPIONSHIP VII  
2018 KINGSTON,  
JAMAICA**



**JULY  
22-28**



# 2018 SHOTGUN

WORLD SHOOT CHAMPIONSHIP



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Main Match: July 23-26  
 Shoot-off: July 28  
 Closing Ceremony: July 28

Jamaica was fortunate to have members of the IPSC executive body at the match. Included from IPSC were President Vitaly Kryuchin, Secretary Sasja Barentsen and head of IROA, Dino Evangelinos. In addition to the match, IPSC helped organize a seminar for instructors, led by the IPSC President, and a first aid course. These events preceded the main match and provided stimulation and training for administrators of the sport. Some participants traveled to Jamaica specifically for these trainings, wanting to equip their regions with tools for development of shooters and safe conduct of matches.

There were no regrets, as everyone who attended benefitted.

Jamaica is a popular tourist destination with a vibrant people that love music, dance and good food – the essential ingredients that go into having a great time. The locals love sports and admire their athletes, so it was no surprise, to those who had attended matches there before, how well



# VII Pan American Handgun Championship



supported the event was. The match was scheduled for four days of shooting but turned into a week-long festival starting with an Opening Ceremony held at Kingston's Emancipation Park.

Emancipation Park is a public park in the capital city of Kingston, built to commemorate the end of slavery. It is a beautiful location, with fountains and artwork decorating much of its six acres, along with an amphitheater, which was the destination of the athletes, following the march of nations through the park. They came parading the flags of their countries, and then speeches were delivered by the match organizers and dignitaries, including the Minister of Tourism and the Deputy Minister of Sport. Both had clearly read up on IPSC and referred to elements such as DVC and hit factor. The Tourism Minister poked polite fun at his opposition counterpart, and the junior Sports Minister taught foreigners the Jamaican greeting 'Wah Gwaan' - What's going on?

The typical format for a Level IV IPSC championship is twenty-four stages, shot across four half days of six stages

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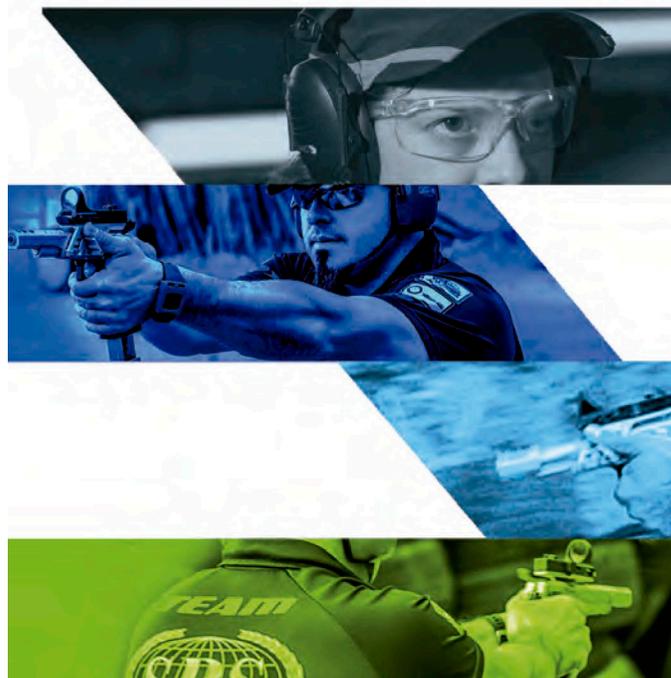
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each. Jamaica decided to spread the stages across two ranges – Woodleigh Range in May Pen and The Jamaica Rifle Association in Kingston. The course in May Pen was a classic outdoor course, with lots of space and shooting bays with earthen walls and grass everywhere.

The range in Kingston was more compact, with walls between the bays and a central square which housed a food truck. Reggae music was played, giving the competition a festive atmosphere.

Main match hotels were all within five minutes of each other and located centrally and conveniently within the capital city, which was forty-five minutes from the Woodleigh Range and ten minutes from the Jamaica Rifle Association. This made for an easy commute each day (especially for those not used to driving on the left side of the road) and gave competitors and their families things to do while not shooting.



**Jamaica is a popular tourist destination with a vibrant people that love music, dance and good food – essentially all the ingredients that go into having a great time.**



For those who were new to Jamaica, or just didn't want to drive, a shuttle service was available to the main events of the match, including both ceremonies. The convenience was not lost on the audience. One competitor remarked "We were very happy with the shuttle because in Jamaica, a former English colony, they drive on the left. If you are not used to that, before performing even a simple action like crossing the street, you must think for a moment. In addition, many people [in Jamaica] drive as they see fit and stop suddenly in the middle of the roadway."

The match schedule incorporated a rest day on Friday July 27-2018 to permit everyone a little time to relax, recover from four days of competition and socialize some more. Summertime is usually hot and dry in Jamaica, so this respite was welcome. Those who still had a little party in them joined a beach trip to Lime Cay, a small island off the coast of Port Royal. Food and drink was provided so everyone could recharge for the shoot-off the next day. Those not used to 'island living' found the white sandy beach, and warm sea exotic. Some didn't want to leave.



# VII Pan American Handgun Championship



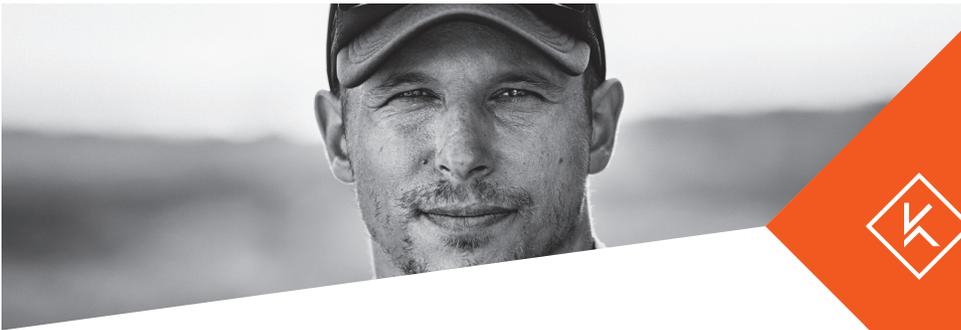
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# VII Pan American Handgun Championship



Saturday's activities featured the shoot-off in the morning and award ceremony in the evening. Top seeded competitors from the match were given the opportunity to go head to head and test nerves on stages of steel. The large crowd that gathered for the shoot-off became very excited as they heard the loud report of guns and the clang of bullets hitting targets before they fell.

Words don't do justice to the match up of top competitors across the Divisions.

The Award Ceremony would be the last opportunity for many participants to fraternize and celebrate together. Although several countries from the Pan American region were represented, Argentina, Canada, United States, and host country Jamaica were the winners of most prizes when all was said and done.

This was reflected in the champions of the four contested Divisions of Open, Standard, Classic and Production. They were won respectively by Lesgar Murdock of Jamaica,

Mike Burrell of Canada, Mike Foley of the United States and German Romitelli of Argentina. Justine Williams from the United States won Production Lady and was awarded an additional IPSC President's Medal for being the youngest competitor in the match, at age 14. Her 15-year-old sister Jalise competed too, as a member of the United States Classic team.

We look forward to the next hosting of a Pan American regional tournament and the opportunity to see this group of IPSC members gather together. There can hardly be a more vibrant, fun-loving group, and they will surely lift the spirit of IPSC as they grow the sport in the Americas region! DVC!"





This summer, more than 480 shooters geared up in Hong Kong to compete in the largest Action Air IPSC competition the world has ever seen.

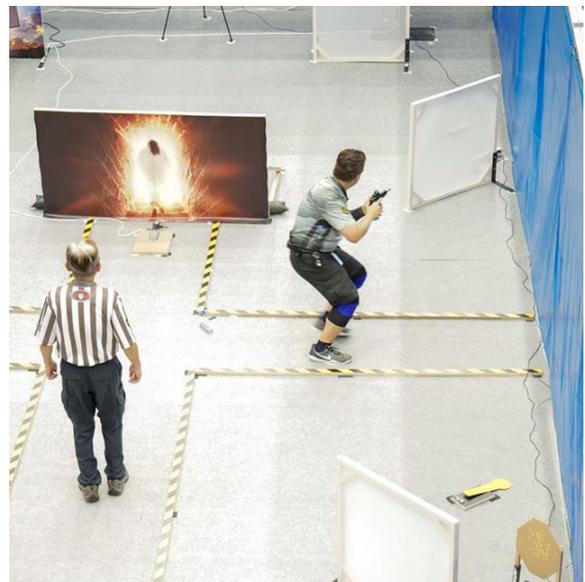
The inaugural IPSC Action Air World Shoot Championship welcomed over 270 local shooters and more than 200 overseas competitors from Brazil, Bulgaria, China, Finland, Germany, Great Britain, Macau, Mongolia, the Netherlands, Papua New Guinea, the Philippines, Poland, Russia, Singapore, Spain, Taiwan and Thailand. Nearly 70 Range Officers from 14 countries also flew to Hong Kong to take part in the event, ensuring a safe, smooth and fair competition for all shooters.

Working hand in hand with the Hong Kong Police, Customs and Excise Department, Immigration Department and Leisure and Cultural Services Department, the team in Hong Kong assisted shooters in bringing their Action Air firearms into the city and arranging working permits for overseas Range Officers.

The Action Air World Shoot drew tremendous support from the IPSC world – including IPSC President Mr. Vitaly Kryuchin, Action Air Shooting Director Mr. Karoly Krizsan



# I Action Air World Shoot



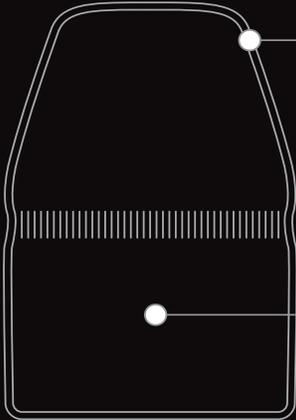


and IROA President Mr. Dino Evangelinos – who flew to Hong Kong to personally attend the event. The match also attracted strong support from government officials including Hong Kong’s Chief Executive Mrs. Carrie Lam; as well as opening ceremony guests Mr. Edward Yau, Hong Kong’s Secretary for Commerce and Economic Development; and Mr. Alexander Kozlov, Consul-General of the Russian Federation.

In land-scarce Hong Kong, one of the biggest challenges was finding a venue big enough to host such a largescale event. Match Director Mr. Ryan Chu and his team eventually settled on the Kowloonbay International Trade & Exhibition Centre, occupying two large indoor halls to shelter athletes from Hong Kong’s sweltering summer heat. In a remarkable effort, Ryan and his team of 150 volunteers from affiliated clubs moved into the venue and set up 30 elaborate stages in only two days!

Over 270 youth volunteers from the Hong Kong Adventure Corps, Hong Kong Air Cadet Corps, Hong Kong Sea Cadet Corps and the Hong Kong Girl Guides served as range assistants, helping to patch targets, assist on the various stages and the opening ceremony. While the Hong Kong Army Cadets Association provide venue for the shoot-off

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event. We also have the support from Hong Kong Red Cross to provide first aid service on site.

According to Ms. Emily Ngan, President of the Hong Kong Practical Shooting Association, “The IPSC Action Air World Shooting Championship represents over two years of hard work and planning – and we are so grateful for the support of IPSC President Kryuchin, our Range Officers and volunteers for making this event such a success. Even though this was an Action Air event, there is no question that all of our competitors demonstrated truly world-class IPSC shooting skills!”

Making the most of their home court advantage, Hong Kong shooters took home 17 out of 21 gold medals – setting the bar high for Action Air shooters from around the world.





## SPECIAL REPORT - MISSIA



In response to a growing demand and interest in Practical Shooting worldwide the International Practical Shooting Confederation (IPSC) announces the creation of the Master International Shooting Safety Instructors Association (MISSIA).

MISSIA was created to establish a structure for the accreditation, recognition and maintenance of International Shooting Safety Instructors. It ensures that IPSC Instructors are the best trained, the best qualified and the best prepared to establish a uniform worldwide standard for training IPSC sports shooters.

“All international sports should have solid training programs and a coaching structure for the safe and efficient performance of their athletes. Therefore, the decision to create the MISSIA within the IPSC structure has always been one of our main goals. Our first mission is to develop this within IPSC and subsequently to bring our culture of safe gun handling to the attention of the whole shooting world” said the IPSC President, Vitaly Kryuchin.



# Master International Shooting Safety Instructors Association

One International Instructor, called a Master International Instructor, will be appointed in every IPSC Region. The Master Instructor will then pass on to the other Instructors and Coaches in his Region the minimum IPSC international training standards.

In IPSC Regions that already have an approved national system for training IPSC shooters, the Master Instructor will ensure that the minimum international training standard is implemented within the national program.

The MISSIA structure, sequence of training topics, safe groups teaching methods, removal of the main mistakes made by shooters and the testing system for competitors and Instructors are the main topics of the Training Seminar.

To date a total of 7 successful MISSIA Seminars have been completed in Australia, France, Czech Republic, South Africa, Jamaica, Thailand with 4 more planned to take place this year in the Philippines, Serbia, Greece and Russia.

The Seminar's participants noted the importance of MISSIA creation and its further development, liked the learning process and some secrets that were given during the training session, and that the shooting tests did show their level of skills as shooters. Some of the participants noted that one-day session was not enough and asked to expand the classes to two days.

For MISSIA Seminars, participants need to be nominated by a Regional Director and require firearms: handgun, shotgun or rifle. Participants also need a minimum of 200 rounds of ammunition for the handgun and 100 rounds for the shotgun/rifle.

For more information about MISSIA please contact your Regional Director or send an email to [MISSIA@IPSC.org](mailto:MISSIA@IPSC.org).





## Why did you start shooting IPSC?



**Jhay Chua, 40**  
Construction Estimator  
UNITED STATES

Because it's fun, exciting and you get to meet a lot of new friends. We all share the passion of shooting competitively. The adrenaline rush is priceless, but the culture and camaraderie is amazing!



**Arl Honkala, 56**  
Manager  
FINLAND

I started IPSC 15 years ago after listening to my colleague with whom I was shooting ISSF pistol at club level for many years (he started IPSC one year earlier). ISSF disciplines were good background, but now I shoot IPSC exclusively.



**Gerd Wedemeler, 59**  
Retired Army Official  
GERMANY

I started IPSC shooting more or less accidentally. I joined the German Shooting Federation in 1998 and started with competitions in the standard program. My friend and I then formed a club dedicated only to IPSC shooting, and we have been very active ever since.



**Yury Nikolaev, 37**  
I.T. Manager  
RUSSIA

First and foremost I love to shoot. I started with IPSC because competition is the only way to truly test your skills. IPSC has enabled me to meet lots of great people and make lots of new friends!!



**Kenrick Mohammed, 43**  
Supervisor Mech. Services  
TRINIDAD AND TOBAGO

As a young, developing shooter I was motivated by watching pioneering IPSC competitors such as Chip McCormick, Jerry Barnhart, Brian Enos, Michael Plaxco and Rob Leatham.



**Jean-Luc Cornet, 56**  
I.T. Coach  
BELGIUM

I started shooting in the 80's. I was bored with conventional target shooting, and IPSC was far more exciting. Articles written by Roger Swaelens from Belgium, after he attended the IPSC Columbia Conference, greatly motivated me..

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# Kahlil Adrian Viray



**AGE: 15**

**REGION: Philippines**

### How did you first hear about IPSC?

I first heard about IPSC when I became a member of the Philippine Practical Shooting Association.

### For how long have you been shooting?

I've been shooting for 4 years. I started when I was eleven. However, I started with IPSC airsoft practical shooting when I was nine years old.

### What division do you shoot and why?

I shoot in the Standard Division because I find it challenging. The Standard Division has a good number of shooters and my parents and I had to put all our efforts to climb up until I got to the first page of the overall results. Also, most of the best active veteran Philippine shooters were in the Standard division like Jethro Dionisio, Edward Rivera and Joseph Bernabe among others which helped me set my goals as a competitive shooter.



### What is the coolest about IPSC shooting?

You make friends, young and old, from all over the world with whom you share the same interest. It is also cool because of the adrenaline rush which comes from this dynamic sport where in you have to balance accuracy, power and speed and cool because you become a responsible gun owner.

### What inspired you to begin shooting?

My parents and I would join airsoft MilSim games on weekends. I had my own rifle and pistol. I then came to know about the sport of practical shooting when a PPSA/IPSC sanctioned match was held in our area in Subic Bay. I joined the airsoft practical shooting match for the first time and enjoyed it. The range officers were very accommodating. During the awards ceremony, I wondered how it would be like to be on that stage receiving an award like our top shooters. After two years, my parents felt I was ready for the real gun so they bought me my first gun in a gun show. There I saw some of our top shooters and they were very encouraging. Just this year, that dream came true as I went up that very same stage, and won overall champion in standard division in a level 3 match.

### What do your friends and family think about you shooting IPSC?

My family is very happy that our efforts are fruitful. I come from a simple family and I am very grateful that my parents do everything to support me even though it can get very expensive. Both my parents are hands-on. My dad's my personal coach and my mom does all the computations. My parents come to every match I join. My younger twin brothers also shoot with me in small matches.

### What are the biggest challenges you have when shooting IPSC?

The biggest challenge when shooting IPSC would be the financial aspect. I would like to practice and travel to shoot as much as I could, but it can get very expensive due to limited sponsorship opportunities especially on ammo and travel expenses in our country. I hope there would be more sponsorship opportunities in our country and also academic scholarships so that more young shooters will be encouraged to join our sport.

### What other sports or activities do you enjoy besides IPSC shooting?

I enjoy traveling, meeting new people and great food.



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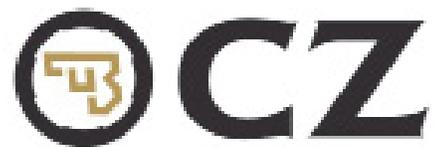
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## HOT SHOTS



### **How many years have you been shooting?**

I started shooting competitively in 2014. That year I shot mostly IDPA pistol and a little USPSA pistol competition. It was 2015 when I started playing around with long guns competitively and dove head first into 3 gun.

### **What do you like best about IPSC shooting?**

The 2018 Shotgun World Shoot was technically my first IPSC match. I really enjoyed how much thought was put into the short courses making them interesting. The target presentations were difficult and I had to lean heavily on technical skills and fundamentals to shoot well in this IPSC style match.

### **How often do you practice at the range?**

I shoot live fire practice 3-5 days per week and train dry fire every single day. I believe this gives me a significant advantage over others who practice less as my body performs the skills required to shoot at a high



level every single day. When instinct takes over, my mind/body makes good choices because I put the work in before the match.

### What is your match firearm and ammo?

My competition shotgun is a Dissident Arms KL12 shotgun. This gun is built on the Molot Vepr12 platform but has a number of customizations to make it better equipped for the action shotgun games. I use US made SGM Tactical mags and run Vortex Optics Red dot sights on all my shotguns. I run Federal Premium Gold medal Grand birdshot which is amazing ammo, Federal Trueball slugs and low recoil buckshot.

### How do you prepare mentally for a match?

I prepare myself mentally through prayer, positive self talk, visualization and lots of physical practice to build confidence. I don't take shortcuts in training and this prepares me to handle match stress and the pressure that comes with shooting at a high level. Before I started shooting

competitively I competed in Mixed Martial Arts, which takes much more effort and strategy to manage the mental game as there is the possibility of being physically harmed in that sport, so holding it together when it is go time can be a task. With that background I find it fairly easy to handle mental stress in the shooting sports.

### Who do you consider your inspiration or mentor?

I came up in the sport watching guys like Clint Upchurch and Jerry Miculek here in the USA. I saw them shooting at a high level and it motivated me to get into the shooting sports.

### What advice do you have for up and coming shooters?

Figure out what you want out of the sport as early as possible. If you want to be a champion, start training like a champion today, not tomorrow, today. If you want to have fun with your buddies and play the shooting games with guns together, do that. I find that setting goals and understanding what I truly want out of anything in life gives me the freedom and clarity to make my goals happen.





# REINHARD HANDL



**REGION:** Austria  
**AGE:** 50

### **When and where did you first discover IPSC shooting?**

I remember it very well, it was in 2003 at the Sickinger Cup in Austria and the level of competition was unbelievably high. I was shooting for many years as a member of the Special Operation Command Cobra from the Austrian Police. But IPSC shooting was much different than my experience in police.

### **Which divisions do you shoot, and why?**

I compete in every Division, except Open Division. I have started in Production, then I bought an STI Standard gun; from 2014 to 2016 I was member of the Austrian Revolver Team (2014 Team Vice World Champion in Florida, 2016 Team European Champion) and since 2017 I'm back in Standard Division (2nd World Championship Senior Class in Chateauroux - individual and team). From time to time I shoot just for fun on Classic Division.

### **Which make and model firearm do you use?**

In Production I use a Sphinx 3000 and a Walther PPQ 5 Match. For Standard I use two .40 STI - build by a friend of



**“take the best training partners you can find - book a training class with the best teacher you can find – not every good shooter is a good teacher!”**



mine. In Classic I use a Springfield and for Revolver Div. I had 2 S&W 625 5”.

**What do your friends and family think about you shooting IPSC?**

My girlfriend and my kids are very proud and supportive. The reactions of my colleagues and superior are the same also most of my friends are IPSC shooters.

**What other sports or activities do you also enjoy?**

Nearly every day I do physical training – running, power training, cycling, skiing, cross-country skiing and swimming.

**Do you have any tips for the Young Guns?**

I suggest take the best training partners you can find (book a training class with the best teacher you can find – not every good shooter is a good teacher!); be aware of the technique you’d like to learn and be always focused on it. Find “Your own way” and don’t forget the most important thing – HAVE FUN!



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## LEADING LADIES



### Who and/or what inspired you to begin IPSC shooting?

My dad, Marc, was shooting IPSC and I always asked him to take me to the range as a small girl (4 years old). When he finally agreed, I tried a 22 gun and loved it. Since that day, I was often with him on the range and competitions.

### How long have you been shooting?

I have been shooting competitions since 2009 so this is my tenth season.

### Which division do you shoot, and why?

For handgun, I shoot Production. In France, most of the people are starting in this Division. When Shotgun was allowed in France, I started it in Standard to try and discover this new discipline. Having the chance to get great results allowed me to participate in the last Shotgun Worldshoot in France. I then decided to shoot Modified Division, and won the title in my own country!



### What do you like about the social aspects of IPSC shooting?

Having started the competition at 12 years old, I understood very quickly that IPSC is first and foremost a big family and that we are making friends for life. What I really appreciate is that if you want to travel, you can always ask for advice and tips from people in IPSC who will help you.

### What other sports or activities do you enjoy besides IPSC shooting?

To train my mind and my body, I enjoy working out and riding a route bicycle with my boyfriend. In the winter, I practice snowboarding and skiing. Playing the piano is also something I really enjoy and if I stay in a hotel where there is one, you might hear me playing!

### What is the best way to get more female competitors into IPSC?

In my opinion, the best way is to create an environment where new female competitors feel welcomed and encouraged.



### What tips do you have for other aspiring female IPSC competitors?

Never forget to have fun shooting IPSC and believe in yourself. When I was a child, I just wanted to be like Lara Croft, and now it is how some people call me!



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# Saiga 12 version 340

## The weapon of world champions



Alena Karelina - 2015 shotgun world championship 1st place open lady  
Vsevolod Ilin - 2015 shotgun world championship shoot-off 1st place open, team 1st place open  
Maria Shvarts - 2015 shotgun world championship shoot-off 1st place open lady

New gas system improves reliability and operates with light loads

New gas system improves reliability and operates with light loads



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# Maximize Performance with Posture

By Michael Clegg

Every shooter knows a feeling that comes when the challenge of competition aligns perfectly with their level of preparation. A feeling of being dialed in, where time slows down and every shot comes perfectly out of the chamber. This feeling is not just exclusive to shooters, but has been reported by surfers, musicians, climbers, and other skilled professionals, a term usually dubbed 'flow'.

Scientifically, flow can be described as a physiological state in the body, a perfect balancing of the dials for hormones and neurotransmitters which allows abilities to reach their peak performance. When you perform a test equal to the level of your skill, the dials of flow begin to align. When focus on the task is lost or stress enters the mind, the dials spin out and performance declines.

The more your shot is practiced, the higher your level of skill becomes and the more likely a flow state will be experienced. Beyond practice, it is important to learn how to increase focus and decrease stress responses

To increase focus:

Use visualization techniques, closing your eyes and recreating all of the actions of your shot. Repeat this over and over in your head, taking note of each time you become distracted and returning to the task. The more times this exercise is completed, the longer focus can be maintained when in action.

To decrease stress response:

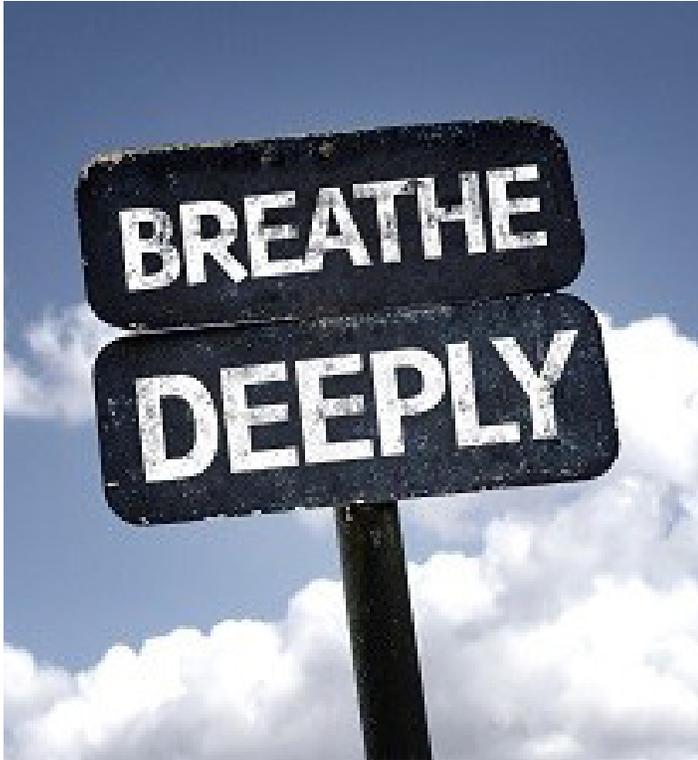
Train the control of your heart rate using your breath. In your body there are two competing branches of your nervous system, one that creates stress and one that relaxes. When the breath is quick and sharp, heart rate increases and the stress response rises. When the breath is smooth and deep, heart rate decreases and the stress response lowers.

Begin first by lying on your back, practice taking full deep breaths. Through the nose and out of the mouth, sure to engage with both the diaphragm and the rib muscles. Once this becomes easy practice elongating the breath, each exhale twice the length of its inhale.



**MATCH MEDIC**

## To increase focus, use visualization techniques, closing your eyes and recreating all of the actions of your shot.



Try to work up to 30 seconds for per inhale and 60 seconds per exhale.

Next do any form of exercise to bring your heart rate up, then stop. Sit down and close your eyes, using the elongated breath described above to consciously slow down your heart rate. Each time this is performed you will gain more control of your heart rate and a consequently your stress response. Heart rate monitors can be used to provide real time feedback and difficulty can be increased by raising the exercise intensity.

In summary, when it comes to being dialled in nothing quite beats practice, but practice can go to waste if the mind isn't focused and relaxed. Adding these simple training protocols to your routine will help build physiological control for competition day, allowing you to reach flow quicker, more often and for longer duration.



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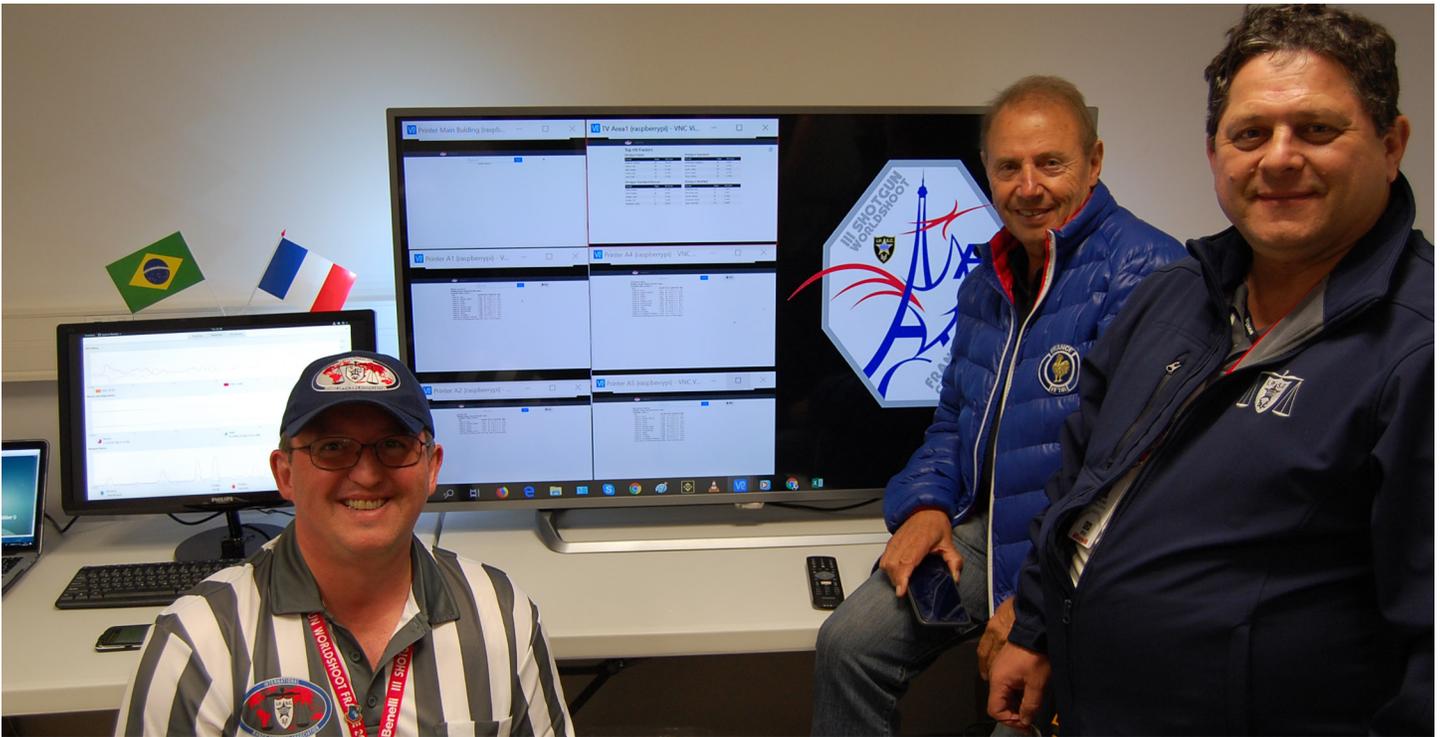
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# IROA BRIEFING



**DINO EVANGELINOS**  
IROA PRESIDENT

# WELCOME TO THE FUTURE!

## The ESS – Electronic Scoring System

Greetings from the IROA trenches!

The new Electronic Score System (ESS) is ready. The system is to be used with WinMSS. Our Stats Officers will be able to use it with minimum training; the system is built to reflect what a Stats Officer already knows about the process. It covers all processes required to run a match in the proper way.

You build the match as usual in WinMSS, export the winmss.cab and import to ESS. At the end of the match you just do the reverse to get the Official Match results for the match from the WinMss.

The system has an electronic scoring sheet that is designed to give the Range Officer and the Competitor the same experience they already are used to. Doing so, it is an easy transition from the paper sheet to the electronic sheet. This is the main core of the system.



Please sign in

Sign in

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The Range Officer's work is much easier, no more paper to handle. The Briefings, Start Position Pictures, Schedule and any document can be added to the system by the Stats Officer and will be available to the Range Officer at the Stage.

The Range Master and Chief Range Officer have total control of the match, they get the LAMR to LAMR via the system as soon the competitor signs the electronic scoring sheet. A bottle neck stage is spotted much faster. The ESS is a very powerful management tool.

The competitors have printing stations to verify their scores. There are monitors showing the best scoring hits per stage, latest shooter per stage and the top 10 shooters per division.

At each stage the match organizer can also place a monitor with the results of the latest shooter in real time.

The possibilities for the future is endless, the match experience is taken to a level that we have never seen before, more enjoyable and fun to shoot.

This is just the beginning, new features will be continuously developed.

The system is ready to be released under request per region on 1st November 2018. Your Regional Director or NROI Chairman can send a request to [iroa@ipsc.org](mailto:iroa@ipsc.org).



Goodbye paper!



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## BEST OF THE BEST



# LUIS CESAR COSTA

REGION: BRASIL

### How many years have you been officiating?

17 years, I attend to my NROI Level I seminar in 2001 and became IROA in 2006. In those 17 years I worked in more than 200 Level III Matches, 9 Level IV and 5 Level V, most of them as Stats Officer.

### What do you like best about officiating?

Meet new and old friends, Range Officers and Competitors, in matches all over the world.

### What was your most memorable match? Why?

I have worked many matches but I actually have three as my top favorite:

The first one was the European Handgun Championship in 2007 in France. It was a special place in my heart because this was my first international match and the first match that IROAS start to use the Striped Shirt. At that match I was assigned as Stats Officer but one of the IROA

Range Officer get sick and I volunteer to take his place in his stage, It was a amazing experience.

Second, the Handgun World Shoot 2008 – Bali, this was my first WS and first time we use Tear-off score sheets designed by Me and my good friend and former IROA Stats Officer Gustavo Ambrosio, before that, we use carbon paper and labels, Bali was the first Level V to use pre-printed Score sheets and IROA order printed in the envelope.





Last but not least, the Shotgun World Shoot 2018 – France, the first time ever in the IPSC history we use Electronic Score Sheet in a level IV or V match, this match is the confirmation that IPSC reach 21st century, and for now on this will be the standard for all levels of matches.

**In addition to a timer, what other equipment do you use?**

Computers, printers, routers and now servers and tablets.

**What advice do you have for aspiring officials?**

Read and follow the rules all times, be respectful with the competitors and hold your ground in your decisions, be fare and use common sense when the rules are not clear, and if you're not used to work with tablets, you better start practicing.





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**JUNE 3<sup>rd</sup> - JUNE 10<sup>th</sup> 2018**





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## ***DID YOU KNOW?***

Did you know that IPSC sanctioned 351 Level III Matches all over the world?

## Have you Downloaded the Official IPSC Mobile App?



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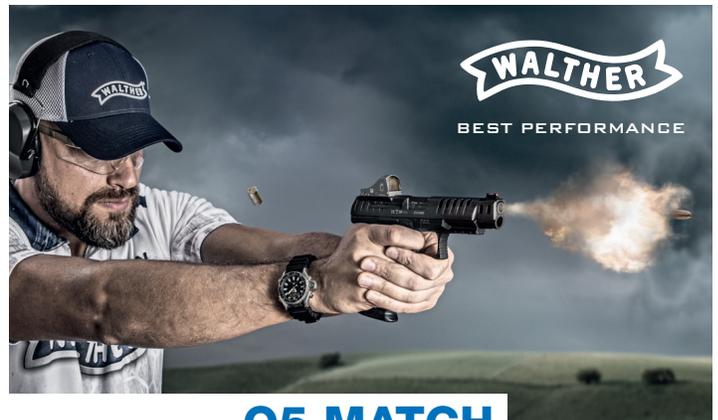
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# UPCOMING MATCHES

## 2018 FAR EAST ASIA HANDGUN CHAMPIONSHIP

THAILAND  
SEPTEMBER 18-22, 2018

## ZIMBABWE OPEN

ZIMBABWE  
OCTOBER 14-16, 2018

## IN THE NEXT ISSUE

### 2018 FAR EAST ASIA HANDGUN CHAMPIONSHIP

## NEXT "ON THE RANGE" QUESTION

Do you shoot more than one Division and, if so, why?

Send your response by email to [ipscworld@ipsc.org](mailto:ipscworld@ipsc.org) (minimum 30 words) with your name, age, occupation, country of residence and a photo of you and we will publish your response in the next issue!

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