

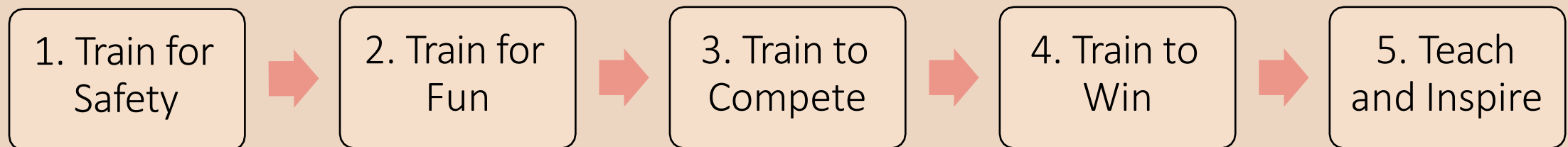
IPSC LONG-TERM ATHLETE DEVELOPMENT MODEL (LTAD)

1. LTAD model created to improve the quality of sport programs.
2. LTAD's idea is to enable all participants to reach their full potential.
3. LTAD is the planned, systematic and progressive long-term development of individual athletes for life.

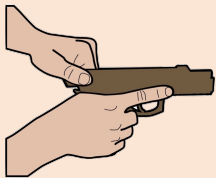



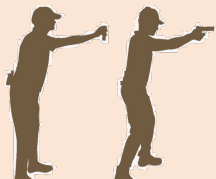
LTAD IS THE ANSWER TO ONE FUNDAMENTAL QUESTION:

What needs to be done at each stage of human development to give every person the best chance of engaging in lifelong, health-enhancing physical activity and the best chance of athletic success?

Development Phases



IPSC LONG-TERM ATHLETE DEVELOPMENT MODEL (LTAD)

No	PHASES	ATHLETES	SUPERVISORS	ACTIONS
1	 TRAIN FOR SAFETY	Super Juniors and Juniors, New athletes who have not tried IPSC before	IPSC/MISIA Instructors, Range Officers	<ol style="list-style-type: none"> 1. Learning Range Commands and Basic Firearm Safety. 2. Train the Shooting Fundamentals enough to be allowed to perform. 3. Safe Gun Handling must become automatic habit.
2	 TRAIN FOR FUN	All ages Beginners who passed Safety Basic Course	IPSC/MISIA Instructors, Range Officers	<ol style="list-style-type: none"> 1. IPSC Sport is a tool of personal improvement. 2. Learning through play and joyful environment. 3. Physical activity indoor/outdoor.
3	 TRAIN TO COMPETE	Beginners and Intermediate Athletes	IPSC/MISIA Trainers, Range Officers, Manufacturers	<ol style="list-style-type: none"> 1. Improve your attention and concentration. 2. Develop the technical base. 3. Learn to adjust sport mentality.
4	 TRAIN TO WIN	Advanced, Experienced and Top Athletes	IPSC/MISIA Master Trainers, Head Trainers, Range Officers, Manufacturers	<ol style="list-style-type: none"> 1. Assist the Match Officials to plan the training programs and Match calendar. 2. Master the skills for the best sport results. 3. Compete as much as possible for experience.
5	 TEACH AND INSPIRE	Experienced and Top Athletes, Range Officers, Instructors, Trainers, Match organizers	Regional Directors, Regional Federations, IROA, MISIA, Shooting Clubs, IPSC Partners	<ol style="list-style-type: none"> 1. Share experience with others. 2. Involve in organizing and conducting IPSC events. 3. Share with World Shooting Community IPSC Safe Gun Handling skills.